

**American University of Beirut**  
**Faculty of Arts and Sciences**  
**Department of Social and Behavioral Sciences**

**SBHS 239: Introduction to Clinical Psychology**

**1. Course Learning Objectives**

The purpose of this course is to introduce students to the field of clinical psychology with a view to understanding the research, assessment, and intervention approaches considered by clinical psychologists and the theoretical, ethical and professional issues confronting them.

**2. Resources Available to Students**

- A. Textbook: Trull, T.J., & Phares, E.J. (2001). *Clinical psychology*. Sixth edition. Belmont, CA: Wadsworth.
- B. Books and periodicals on psychology in the university libraries.
- C. Electronic journal titles and literature search engines (e.g. Psych Info)

**3. Grading Criteria**

- A. *Tests*. Three 50-minutes multiple-choice tests (60 questions). Each test counts 15% of the final mark.
  - 1. Test I Chapters 1, 3, 4 and lecture material
  - 2. Test II Chapters 6, 7, 8 and lecture material
  - 3. Test III Chapters 12-15 and lecture material
- B. *Final Examination*. A 90-minutes multiple-choice examination. The majority of the questions (80%) will cover lecture and textbook material for chapters 16, 19, and 20 and the rest (20%) will cover material from the remaining course content. 25% of the final mark.
- C. *Written assignment*. The assignment requires each student to choose a topic from the list of topics provided by the instructor (list of topics will be distributed during the Class Orientation session) and to have it approved by the instructor, no later than October 16, 2003. Students can work as a group but they have to identify their contribution to the assignment. The written assignment is to be typed (double spaced) and not to exceed five pages. It should follow APA Style (see APA Publication Manual, copy available in Library, copy available in SBS Department). Briefly, the paper should include

the following sections: Introduction, Method, Results, Discussion, References, and Appendices. Due date is January 8, 2004. Students will be penalized 5% per day for late submissions. 15% of the final mark.

- D. *Class attendance and participation.* Students are expected to attend classes and to participate in class activities including general discussions, case studies, debates, etc. 15% of the final mark.

#### 4. Schedule

Week 1	Orientation to course, What clinical psychologists do
Week 2	How clinical psychologists are trained, How clinical psychologists are regulated
Week 3	Clinical psychology ethical standards
Week 4	Research methods
Week 5	Clinical Interview, Types of Interviews
Week 6	Meaning of intelligence, Assessment of intelligence
Week 7	Projective Personality Assessment, Objective Personality Assessment
Week 8	Psychotherapy: Psychoanalytic
Week 9	Psychotherapy: Humanistic, Psychotherapy: Cognitive Behavioral
Week 10	Psychotherapy: Cognitive Behavioral, Group Therapy
Week 11	Family and Marital Therapy
Week 12	Community psychology
Week 13	Community psychology, Forensic psychology
Week 14	Forensic psychology, Child psychology
Week 15	Child clinical

#### 5. Course Policy

- A. *Illness:* The rescheduling of exams or extensions of deadlines will be granted only for legitimate medical or compassionate reasons, provided the matter is discussed with the instructor **prior** to the due date and provided acceptable documentation to support a medical or compassionate claim is presented.
- B. *Cheating and plagiarism:* Cheating on an examination and plagiarism are considered scholastic offenses, and are subject to disciplinary actions (see AUB Policies and Procedures on Definitions of Academic Misconduct and Disciplinary Actions).