

**American University of Beirut
Faculty of Arts and Sciences
Department of Social and Behavioral Sciences**

SBHS 225, Psychology of Personality

1. Course Learning Objectives

The purpose of this course is to introduce students to the major theories of personality with a view to understanding bio-psycho-socio-cultural and spiritual factors that influence personality development.

2. Resources Available to Students

Textbook: Feist, J., & Feist, G.J. (2002). *Theories of personality. Fifth edition.* New York, NY: McGraw Hill.

Books and periodicals on personality psychology in the university libraries.

Electronic journal titles and other Internet facilities on personality psychology.

3. Grading Criteria

A. *Class attendance and participation.* Students are expected to attend classes and to participate in class activities including general discussions, case studies, debates, research participation, etc. Class attendance and participation counts 15% of the final mark. Needless to say, students who do not attend classes are unlikely to present themselves with opportunities to participate. These students are at high risk for not getting any credits for this aspect of their evaluation. The instructor's mark for student participation is final and not negotiable.

B. *Tests.* Three 60-minutes multiple-choice tests. Each test comprises 50 questions and counts 15% of the final mark.

1. Test I Chapters 1 - 4 and lecture material
2. Test II Chapters 5 - 9 and lecture material
3. Test III Chapters 10 - 13 and lecture material

C. *Final Examination.* A 90-minutes multiple-choice final examination. The final exam comprises 90 questions and counts 25% of the final mark.

D. *Written assignment.* The assignment requires each student to choose a topic from the list of topics provided by the instructor and to have it approved by the instructor. Students can work as a group but they have to identify their contribution to the assignment. The written assignment is to be typed (double spaced) and not to exceed five pages. It should follow APA Style (see APA Publication Manual, copy available in Library, copy available in SBS Department). Briefly, the paper should include the following sections: Introduction, Method, Results, Discussion, References, and Appendices. It is to be

handed to the instructor in class on the specified date. Students will be penalized 5% per day for late submissions. The written assignment counts 15% of the final mark.

4. Schedule

Date	Reading	Topic
Week 1	1	What is personality theory?
Week 1	2	Freud
Week 2	2	Freud expanded, evaluated
Week 2	3	Adler
Week 3	3	Adler expanded, evaluated
Week 3	4	Jung
Week 3	4	Jung expanded, evaluated
TEST I (chapters 1 - 4 and lecture material)		
Week 4	5 (146-148, 149-151)	Attachment theory (Bowlby, Ainsworth)
Week 4	5 (146-148, 149-151)	Attachment theory
Week 4	6	Horney
Week 5	6	Horney expanded, evaluated
Week 5	8	Sullivan
Week 6	8	Sullivan expanded
Week 6	8	Sullivan evaluated
Week 7	9	Erikson
Week 7	9	Erikson expanded
Week 7	9	Erikson evaluated
TEST II (Chapters 5,6,8, 9 and lecture material)		
Week 8	10	Behavioral Perspective
Week 8	10	Skinner
Week 8	10	Skinner debated
Week 9	11	Bandura
Week 9	11	Bandura expanded, evaluated
Week 9	12	Rotter, Mischel
Week 10	13	Trait Perspective – Cattell, Eysenck
Week 10	13	Trait Perspective – Cattell, Eysenck
TEST III Chapters 10-13 and lecture material)		
Week 11	14	Allport
Week 11	14	Allport expanded
Week 12	14	Allport evaluated
Week 13	16	Humanistic Perspective
Week 13	16	Rogers
Week 13	16	Rogers expanded, evaluated
Week 13	17	Maslow
Week 14	17	Maslow expanded, evaluated
Week 14	16 & 17	Rogers & Maslow debated
Week 14	Review, Analysis, Synthesis	
To be scheduled	FINAL EXAM (Chapters 14, 16, 17 and lecture material plus 20% from previous material)	

5. Course Policy

A. *Illness*. The rescheduling of exams or extensions of deadlines will be granted only for legitimate medical or compassionate reasons, provided the matter is discussed

with the instructor **prior** to the due date and provided acceptable documentation to support a medical or compassionate claim is presented.

B. *Cheating and Plagiarism.* Cheating on an examination and plagiarism are considered scholastic offenses, and are subject to disciplinary actions (see AUB Policies and Procedures on Definitions of Academic Misconduct and Disciplinary Actions).